

## The Bay: Rockpool Roadie Volunteer Role Description

### The Bay: A Blueprint For Recovery

The Bay is a Nature and Wellbeing Programme, offering people living around Morecambe Bay the opportunity to get outdoors, connect with nature, and take part in a range of nature and wellbeing activities.

The programme has been set up to tackle the feelings of isolation and loneliness in Morecambe Bay after the global pandemic. Created by partner organizations; The Wildlife Trust for Lancashire, Manchester and North Merseyside, The Eden Project, The Cumbria Wildlife Trust, and Lancashire and South Cumbria NHS Foundation Trust, this project is based in Barrow-in-Furness, Morecambe and Wyre.

As a volunteer you will be helping to bring nature to those who may not be able to access it. You will also have opportunities to learn new skills, gain qualifications, and make new friends, while also connecting with the wonderful nature of the Bay and engaging with the community.

### What is a Rockpool Roadie Volunteer?

Our Rockpool Roadie Volunteers will work alongside other volunteers to deliver short mobile rockpool activities. Sessions will be delivered to small groups in places such as care homes and community groups. The aim is for people to 'connect' with these creatures and one another, so increasing their health and wellbeing. Your role will involve:

- Visiting the rockpools at Earnse Bay
- Safely collecting rockpool creatures and transporting them to events around Barrow
- Engage with and support event attendees, to raise awareness of Earnse Bay's coastal wildlife and the environment
- After the event, return all rockpool creatures safely back onto the beach

### What's in it for you?

- Becoming part of a friendly and dedicated team at Cumbria Wildlife Trust
- Getting out and about in nature and in particular, the beautiful beach at Earnse Bay
- Health and wellbeing benefits
- Passing on your coastal wildlife knowledge to other people
- Learning new conservation and people skills
- Experience of working with coastal creatures and on events
- First aid training funded by The Bay for frequent volunteers.

## What's involved?

- Helping bring coastal wildlife to people who are unable to access coastal areas
- Providing information on Earnse Bay's coastal wildlife and promoting the work of the Bay project
- Engaging with event attendees such as care home residents
- Helping event attendees to engage with rockpool creatures. These are amazing creatures that when observed or handled, help reconnect people with nature through their sound, scents and textures
- Becoming familiar with, and then following, the Bay Blueprint for Recovery Health and Safety Policy at all times

## Who would suit this role?

This role will suit anyone who interested in volunteering with Cumbria Wildlife Trust, loves coastal wildlife and is a people person. It would especially suit those who:

- Are aged 16 or over
- Enjoy working with coastal environment at Earnse Bay and communities around Barrow
- Have a natural enthusiasm for coastal wildlife of Earnse Bay
- Are reliable, approachable and friendly
- Have good interpersonal skills and are able to work with vulnerable adults

However, please note that you don't need to have all of these interests or skills to undertake this volunteering role.

## Extra information

<b>Your place</b>	Earnse Bay and around Barrow-in-Furness
<b>Time commitment</b>	This will be a very flexible role. To be discussed with the community engagement officer.
<b>Volunteer Coordinator</b>	Ruth Alcroft Tel no: 07436 657653 <a href="mailto:volunteering@cumbriawildlifetrust.org.uk">volunteering@cumbriawildlifetrust.org.uk</a>
<b>Staff Contact (if different)</b>	Yolanda Aze, Engagement Officer
<b>Training/Resources</b>	Volunteer handbook and Trust induction. Health and safety and safeguarding training will be mandatory and provided for you. Volunteers are able to receive travel expenses of 0.45p per mile agreed in advanced with their staff contact. First aid training will be provided for volunteer leaders.



<b>Other Requirements</b>	The Trust will apply for a Disclosure and Barring Service (DBS) check for volunteers undertaking this role because it involves working with children and young people or vulnerable adults. <b>Two references may be required.</b>
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This role is purely voluntary and this arrangement is not meant to be a legally binding one  
or an employment contract