

Safeguarding is the action we take to promote the welfare of children and adults with care and support needs and to protect them from harm.

Everyone has a right to enjoy a safe experience with The Wildlife Trusts. We must ensure we protect people from harm and be able to recognise the signs of abuse or neglect.

Abuse is something that happens to a child or an adult with care and support needs which causes physical and/or mental harm.

Neglect is when a child or adult with care and support needs basic needs are not being met (whether intentionally or unintentionally). For adults this can include self-neglect too.

Manual Ma

"That bruising was strange"

"They seem very withdrawn and not themselves at all"

"They never seem to have suitable clothing for the weather" **Listen** carefully and trust that what is being said is correct.

Reflect back key phrases to check your understanding.

Offer immediate **support** and reassurance.

Record a factual account of the conversation immediately, using the person's actual words wherever possible.

Contact the Designated Safeguarding Lead at your Trust or **999** if it's an emergency.

Tell the person that you can keep it a secret. Do explain that you may need to pass the information on the keep them or other people safe.

Panic, overreact, be judgemental, or make assuptions.

Investigate, repeatedly question or ask the individual to repeat the disclosure.

Discuss the disclosure with people who do not need to know.

Your concern on it's own may seem small, but shared with other key people, could help build a picture to ensure children/adults receive the support that they need.

Don't

Do

If you are worried about a child or adult at risk, please tell someone. It is always best to seek advice, even if you're not sure, you will always be taken seriously.

Useful contacts

Safeguarding Lead

Contact Details

Deputy Lead
Contact Details

Claire Shepherd
Claires@cumbriawildlifetrust.org.uk

Claires@cumbriawildlifetrust.org.uk

tbc

Don't forget the Trust's Safeguarding policy has lots of useful information about keeping children and adults at risk safe – make sure you know where it is.

You can also speak to the Safeguarding lead at the Central team via 01636 670088

Copyright Royal Society of Wildlife Trusts 2023. Registered Charity Number 207238. Cover image ® Helena Dolby for Sheffield & Rotherham Wildlife Trust

hours contact



