



**Cumbria**  
Wildlife Trust



**Lancashire &  
South Cumbria**  
NHS Foundation Trust

# INTERESTED IN GETTING EXPERIENCE WORKING IN NATURE-BASED THERAPY?



**Our volunteer role may be for you.**

- Gain experience helping to support individuals who are struggling with loneliness and isolation
- Gain experience in Species identification, conservation and nature crafts

**Volunteer Drop in & Sign up  
@ Barrow Library  
27th September 2023  
10:00 - 16:00**

Please bring 2 ID's (driving license, birth cert, passport), & a Utility bill from the past 3 months.

**Note: This role requires a DBS check.**