

Discover the UK's beetles and how you can help them





Brilliant beetles

Beetles (in the order *Coleoptera*) make up more than a third of all known species on earth – that's around 400,000 worldwide. In the UK alone there are more than 4,000 species, and you can find them in almost every habitat, all year-round! Although a handful may eat your plants, beetles are a vital part of a healthy garden.

Not only do beetles come in an amazing variety of colours, sizes, and shapes - they are also important predators, they act as food for larger animals (such as hedgehogs and birds), and pollinate our flowers and crops. They even help to recycle nutrients, by eating and digesting plants and returning their goodness back to the soil.

In this booklet you'll discover some of the threats beetles are facing, learn about their weird habits, and of course, ways you can help. We'll even bust some myths!

What is a beetle?

Beetles are insects with hardened front wings, although you'd be forgiven for not realising this as they are often seen crawling around rather than flying. The wing cases protect the second (hind) pair of wings and are called 'elytra'.



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Beetles you didn't know were beetles...

Not all beetles have the word 'beetle' in their name. Here's a few you may not have guessed belong here:



Weevils



Glow-worms

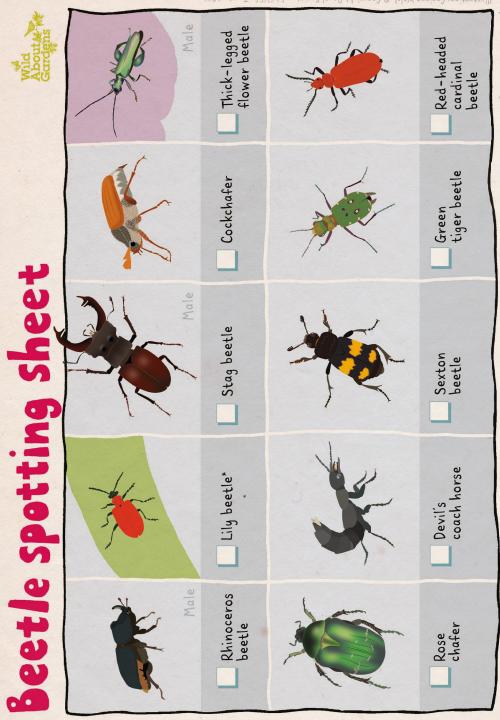


Ladybirds



Devil's coach horse

Ladybird © Jon Hawkins Surrey Hills Photography



Beetles under threat

Sadly many of our beetles are struggling, and here's why...

The way we use our land in the UK, from intensive farming to urban development, has led to shrinking patches of habitat for beetles, making it difficult for many populations to survive. But by following the activities in this booklet you can create more places for our precious beetles to live!

Loss of connected habitats
As well as getting smaller, habitats
are becoming more fragmented, with less
connection between them. That's why our
gardens can make a huge difference – not
only are they important habitats, they can
also provide corridors for beetles to pass
through until they find the perfect spot.

Climate change
Climate change is having an
impact on all wildlife and beetles are
no exception. Warming temperatures
and shrinking habitats can mean
beetles struggle to survive where they
once thrived, and of course this causes
problems for the other animals and plants

Pesticides
The use of pesticides is resulting in serious declines across lots of invertebrates, including many beetles. Even pesticides that aren't intended to target beetles can harm or kill them, so it's important to avoid using them.

that rely on them, too.



Alternatives to using pesticides in your garden

To get started, try to learn as much as you can about the sort of invertebrates that may feed on your plants. Consider if they really pose a threat, or whether they help contribute to a balanced, healthy garden. If co-existence is out of the question, there are many ways to control unwanted visitors whilst avoiding pesticides that can cause unintended harm to beetles and other creatures in your garden.

Tolerating some nibbled leaves and even a few aphids will encourage a balanced garden where damage does not get out of hand.

Encourage natural predators such as predatory beetles and other invertebrates, hedgehogs, birds, and frogs by creating food and shelter for them in your garden.

Plant the right thing in the right place – stressed plants are more likely to succumb to damage.

Pick up and move any invertebrates that might be nibbling crops a little more than you'd like during the spring and summer; checking after rainfall for slugs and snails can help too!

To learn more about the threats beetles are facing, how to avoid using pesticides and herbicides, plus other ways you can help, download The Wildlife Trusts' guide to taking #ActionForInsects: www.wildlifetrusts.org/take-action-insects



4 www.wildaboutgardens.org.uk www.wildaboutgardens.org.uk 5

Fascinating beetle facts

We have over
60 species of **dung beetle**here in Britain and, true to
their name, most eat dung.
This makes them a vital part
of the ecosystem, particularly
on farms, where they keep
the soil healthy – in fact,
they're estimated to save the
British cattle industry at least
£367 million per year!

Asparagus beetles and lily beetles let out a high-pitched squeak when under threat, though they may also use this to communicate with each other, too.

The flightless

bloody-nosed beetle
gets its name from
the blood-like red
liquid that oozes
from its mouth when
threatened, activated to
scare off predators.

If **click beetles** are upturned, they arch their backs to create tension in a special hinge in their thorax, which when released lets out a loud click. This action hurls the beetle into the air at speeds of more than 2-metres per second, helping them to get back on their feet or out of harm's way.

Click beetle © Margaret Holland

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When female

pot beetles lay eggs, each is
covered in a shell made up of
her droppings. Once the eggs
hatch, the larvae use their
own droppings to enlarge
this protective 'pot', keeping
them helpfully hidden from
predators until they're
fully grown.

Beetles and your garden

Beetles bring balance to your garden

- Beetles support lots of garden life; for example the often maligned lily beetle provides food for three parasitoid wasps that feed inside its larvae.
- Many ground beetles feed on a range of invertebrates from springtails to vine weevil grubs.
- Rove beetles are vital predators: the big eyed *Stenus* species can walk on water and use extendable mouthparts to prey on springtails!
- Glow worm larvae and snail hunter ground beetles can come in handy, specialising in eating snails.
- Water beetles are important predators too: smaller species eat mosquito larvae, while larger species can feed on dragonfly larvae and tadpoles, helping the pond to find a natural balance.

Dung beetle © Vaughan Matthews

They also clean up!

Some beetles such as **rose chafer grubs** help clear up dead plant waste, while many help to break down dead wood, including the **rare violet click beetle**, found only in three sites in the UK.

Some, such as **dermestid beetles**, feast on the last remnants of flesh on dead animals, leaving a clean skeleton, while **sexton beetles** bury dead animals and feed their grubs on the regurgitated remains!

Then of course, there are the aptly named **dung beetles** which feed on animal waste, and are most commonly found in woodland or farmland.

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Beetle banks are used in farmland to boost insect diversity and natural pest conti – but you can build one in your own garden! Adding both shady and sunny habitat, they're valuable to flat gardens, providing a home for lots of invertebrates. build a beetle ban



- Stones or garden hose
- 000 Topsoil
 - - · Wheelbarrow
- Spade
- meadow seed (with 80% grass) Grass seed or wildflower or turf

- is at least 30cm high and wide. The top can be flat or rounded. 0 0 00

(4) Once you have created your mound, sow your seed and firm it down with the back of a rake. If using turf, lay this over the mound and firm down.

Pick a sunny spot for your beetle bank (ideally around 1m long) and mark it out with straight or curved

lines using stones or a garden hose.

in dry weather. On seeded banks, use a fine spray to 5) Keep your bank watered avoid eroding the soil.

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0 0 evenly inside the markings,

Spread the topsoil

7

treading it down after each 10–15cm deep layer

to compact the soil.

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Sur!

WINNING WATER TO THE STATE OF T Let the grass grow long all summer. Cut it back in October to approx. 5cm high. 9

Keep building a mound until it

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ants to scurrying beetles, grasshoppers and even small solitary bees! Look out for minibeasts - from busy

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dead hed

Thick garden gloves You will need



- - Loppers
- Mallet
 - Small axe or billhook

- material rots away, it makes for the perfect residence for beetles! You could use your These structured piles of branches and twigs serve a whole host of species but, as the 'hedge' as a garden boundary, or just to divide up an area of your garden or green space. Your hedge should be at least 1.5m long, roughly the length of a fence panel. Weave remaining branches and
 - and angle on one end using a small axe branches to form into upright stakes if your branches aren't thick enough. or billhook. Garden stakes work well Select the straightest, sturdiest

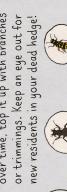
trimmings in and out of the stakes,

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or simply pile them up in the gap between the two rows. Continue until you've built your hedge up

to a good height.

- Use the mallet to drive stakes into the ground every 50cm, pointed end down. 7
- Drive in a second row of stakes 30-50cm away from your first row so you have two parallel rows. 3
- over time, top it up with branches 5 As the hedge starts to decompose

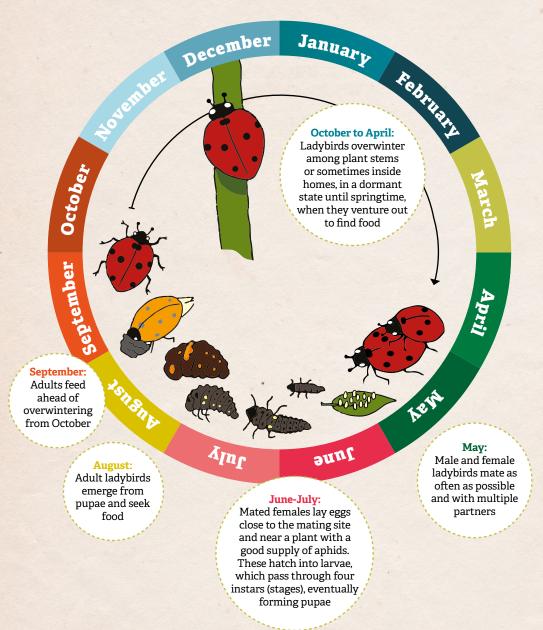




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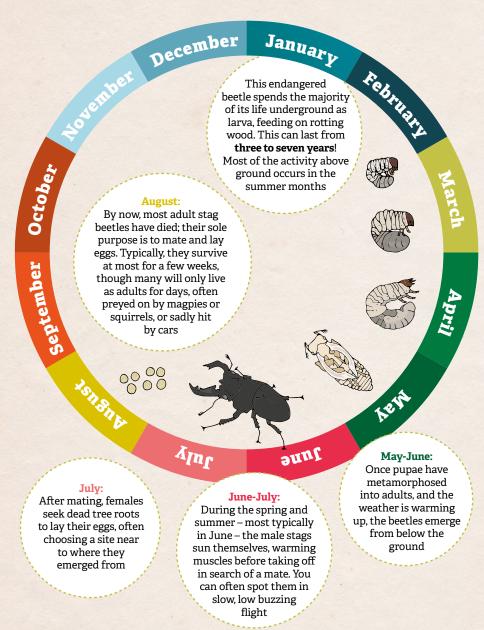
A year in the life of...

the 7-spot ladybird



A year in the life of...

a stag beetle



a beetle bucke

beetle habitat in an old gain to top up or easily find it again to to everything straight away contents (make

bucket for beetles holes (around 3cm wide) in the sides and bottom of the bucket for beetle enter and exit.

bucket with bark chips

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at the top to fill with

0

some soil dug from

the ground.

and/or garden leaves, leaving around 10cm

g a hole just larger an your bucket and 7

into the ground Dig a hole j than your b sink it into

Top the soil with a couple more logs to tempt in beetles – from above or

Place some large stones at the botto of the bucket, then stand some small ogs upright on top.

at the bottom

make lovely spots for female beetles

























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Water beetles

Water beetles are an incredibly diverse set of insects. All of them live in water at some point of their lifecycle, and there are about about 300 species in the UK alone! If you have a wildlife pond in your garden, no doubt you will have water beetles hanging around. Let's dive into their underwater world...

Relocation...

Water beetles can fly, so they can relocate to a new home if their current one isn't quite right. However, many have to wait for a very warm day before they make the move, as otherwise their flight muscles don't work!

Water breeders

As they mate underwater, the male great diving beetle uses suction pads on its front feet to grip on to the female, whose deeply grooved wing cases help the male to cling on.

Deep-pond diving

Water beetles come up to the surface every so often to replenish the air supply stored beneath their wing cases. Think of it as an inbuilt scuba diving tank to enable them to find prey underwater!

Keen senses

Whirligig beetles are common inhabitants

of pond surfaces, easily spotted as they gather in large numbers, circling erratically across the water. They're

> incredibly sensitive to ripples in the water - these help to guide them towards insects trapped on the surface, which they

Are water beetles good for my pond?

Water beetles are part of a healthy pond ecosystem. Many are predatory and can help keep mosquito larvae numbers in check, while larger species, such as the great diving beetle, will eat tadpoles and small fish.



A bucket, trug, or other durable, upcycled containe

More ways to help beetles in your garden

There are lots of things you can do to help out the smaller inhabitants of our gardens, and happily, by helping beetles, you are providing for other wildlife too.

Find a place for dead wood in your garden. This could be a dead or dying tree left to stand, a cavity in an old tree. or a pile of old stumps and logs.



Piles of rocks provide daytime shelter for nocturnal beetles, and piles of leaves are also great, as many species like to lay their eggs in decaying leaves.

Make a stumpery in a shady corner of your garden to help feed dead-wood loving beetles, such as the lesser stag, rhinoceros, and longhorn beetles. It will also provide a home for predatory beetles plus lots of other invertebrates and even amphibians.

> Cover water butts and provide a route out of ponds for land-living beetles, such as a pebble beach. If you see a dead-looking beetle in water, take it out - they often revive!

Build a compost heap. It will be packed with all sorts of creatures such as rose chafers (for those lucky enough!) in no time.



For even head to **www**. wildlifetrusts.org/ action-for-insects

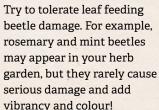


Replace artificial grass with real grass so beetles have a place to live, and try to keep the amount of decking or paving in your garden to a minimum.

Grow pollen-rich open flowers for beetles - perhaps the world's first pollinators. Beetles such as soldier beetles. the thick-legged flower beetle, longhorns and



Leave cutting back your flower beds until late winter. The dead plant stems will be used by overwintering beetles and other invertebrates such as spiders.



About Us

The Wildlife Trusts and the RHS embarked on Wild About Gardens to celebrate wildlife gardening and to encourage people to act for nature. Over the past 50 years, we've seen declines in two thirds of the UK's plant and animal species. Many of our common garden visitors – including hedgehogs, house sparrows and starlings – are increasingly under threat, but collectively gardens can make an incredible difference. To discover more about wildlife gardening and for more resources, visit our **website**. You can also sign up to our monthly newsletter to receive updates and ideas on all things Wild About Gardens.





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The Wildlife Trusts

The Wildlife Trusts are on a mission to restore at least a third of the UK's land and seas for nature by 2030. We believe everyone, everywhere should have access to nature and all the joy and health benefits it brings us. No matter where you are in the UK, there is a Wildlife Trust inspiring people about the natural world and standing up for wildlife and wild places near you. We care for 2,300 diverse and beautiful nature reserves and work with others to manage their land with nature in mind too. Help us bring our wildlife back in abundance by becoming a member of your Wildlife Trust today.

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The Royal Horticultural Society

For more than 210 years, the RHS has been the force behind gardening in the UK. Our aim is to enrich everyone's life through plants, and to make the UK a greener and more beautiful place. We believe everyone in every village, town and city should benefit from growing – for stronger, healthier and happier communities. Our work in education, science and communities is only possible thanks to the generous support of our visitors, members, partners, donors and sponsors. With your help we can harness the power of horticulture, one gardener at a time.

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Download The Wildlife Trusts' #ActionForInsects guide at www.wildlifetrusts.org/take-action-insects