



Cumbria
Wildlife Trust

Visit Bowber Head Farm meadows 24 June – 12 July 2021

**Free
to visit**
(donations welcome)

Come along to a special opening of the flower-filled meadows at Cumbria Wildlife Trust's newest nature reserve.



What makes Bowber Head Farm so special?

This traditional farm lies within the picturesque setting of the Westmorland Dales, where it has been farmed in its current layout for over 400 years.

It is home to a series of flower-rich meadows that are as important as they are beautiful, as only 900 hectares of these upland hay meadows survive across the counties of northern England today.

Known locally as 'herbie' meadows due to the abundance of flowering herbs such as wood crane's-bill, greater burnet and lady's mantles, the meadows are scheduled as a Site of Special Scientific Interest.

Bowber Head Farm was transferred to Cumbria Wildlife Trust in 2020. The Trust will ensure that these meadows remain safe and secure, and future efforts will focus on restoring the meadows back to being the very best.



• 208 different plant species • Stunning views • Meadow wildlife

Your visit

You are welcome to visit Bowber Head Farm at any time. During the opening period it's possible to take a self-guided walk through more of the site as additional paths will be accessible.

Short walk

Take a short walk through two species-rich hay meadows where you'll see all of the typical meadow species, such as oxeye daisy, great burnet and red clover. In the area known as Low Scar, you'll pass through lower slopes of limestone grassland where fragrant orchid, rock-rose and hoary plantain flower.

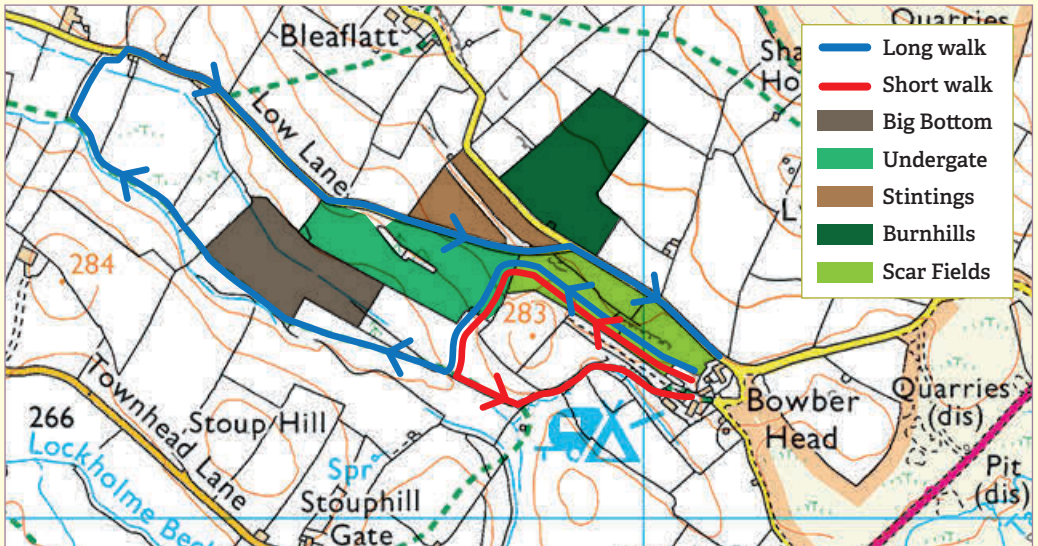
Time: approx. 30 minutes.

Longer walk

After passing through two species-rich meadows at Low Scar, walk along floodplain meadows at Big Bottom to see marsh marigold, pignut and tufted vetch, before picking up the public right of way into rushy pasture at the far end of the farm. Return along the road where you can look across to other meadows at Undergate, Stintings and Burnhills.

Time: approx. 80 minutes.

-  **Free entry:** Free to visit; please donate if you can.
-  **Dogs:** Under close control. Please pick up any mess and take bags away with you.
-  **Opening times:** Bowber Head Farm is open all year round, although the best time to visit is during the special opening from 24 June–12 July 2021.
-  **Access:** A public right of way runs through the meadows. Additional temporary paths have been added during the opening period. Please stick to the routes highlighted on the map and don't deviate from the path to avoid trampling the wildflowers.
-  **Refreshments:** The Mini Eden coffee and refreshments van will be on site on 27 June and 8 July.
-  **Toilets:** Toilets are available for use at Bowber Head Caravan Park.
-  **Location:** Bowber Head Farm, Low Lane, Ravenstonedale, near Kirkby Stephen CA17 4NL.



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