Ice streamed from the central fells and flowed over Eycott Hill. The ice carved out softer material and weaker rocks from between the lava flows and left behind erratic' rocks from other locations which help geologists determine ice flow directions.

During the last ice age, around 20,000 years ago, a thick ice cap covered the Lake District.

The ice age

These limestone layers are now part of a 'ring' of younger rocks that tilt away from the central Lake District.

The remains of sea creatures accumulated on the sea bed as a limey mud which hardened over time to form limestone.

shallow sea.

Tropical seas

Almost 100 million years later, during the Carboniferous Period, the eroded lava landscape was covered by a warm,

hollows between formed as weaker layers and softer material eroded away.

The older lava flows on the nature reserve are noted for large, pale feldspar crystals, up to 4cm in length, which formed as

Hill today. The ridges are the remains of ancient lava flows and the

molten rock cooled slowly in a magma chamber.

rock called andesite. Over 20 separate lava flows were erupted and later tilted and eroded to leave the stepped landscape visible at Eycott

Around 450-460 million years ago, the lapetus Ocean began to close as surrounding continents moved together, triggering volcanic eruptions. Lava flowed from long fissures and vents in the earth's crust and formed a hard, dark igneous

A volcanic landscape

480 million years ago, early in the Ordovician Period, sediment washed into the ancient Iapetus Ocean. Layers of mud and silt built up, hardening to form the siltstones and mudstones known as the Skiddaw Group. These rocks, among the oldest in the Lake District, make up the nature reserve's western edge and the impressive masses of Skiddaw and Blencathra.

Ancient ocean

important for geology.

Eycott Hill's geological story goes back almost 500 million years. Ancient lava flows, sandwiched between older siltstones and mudstones and younger limestones, give an insight into the origins and evolution of the Lake District and make this nature reserve nationally

Eycott Hill Nature Reserve millions of years in the making

Visiting

Eycott Hill Nature Reserve

11:14 HOORT

We hope you enjoy visiting Eycott Hill Nature Reserve and following this self-guided geology trail.

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Siltetones and

The route isn't entirely way marked on the ground so please use the enclosed map.

We recommend following the white topped posts to the top of Eycott Hill.

A hand lens is useful for examining the rocks more closely. Please carefully replace any rocks you pick up and leave them so others can enjoy them.

Take home only photographs.

The ground at Eycott Hill Nature Reserve is uneven and at times very wet so sturdy wellington boots are recommended. Please note there are no visitor facilities on site.



Nearby facilities

The Sportsman's Inn, just off the A66 near Berrier, and the Mill Inn in Mungrisdale serve lunch and evening meals.

Cocklakes Farm Shop and Tea Room is on the other side of the A66, opposite the Sportsman's Inn.

There is a petrol station at Rheged, on the A66 near Penrith.

Close by, you may also like to **visit**...

Berrier Highbanks Wood Local Geological Site, just over the road



About us

TRUSTS

Cumbria

Wildlife Trust

Cumbria Wildlife Trust is the only voluntary organisation devoted

solely to the conservation of the wildlife and wild places of Cumbria. The Trust stands up for wildlife, creates wildlife havens and seeks to raise environmental awareness.

JOIN US! If you **love** Cumbria and wildlife too, why not support Cumbria Wildlife Trust?

Visit www.cumbriawildlifetrust.org.uk

Cumbria GeoConservation is a specialist group of Cumbria Wildlife Trust.

The group aims to look after geological conservation sites in Cumbria, working closely with both the Cumberland and the Westmorland Geological Societies. Volunteers hold three formal meetings each year and aim to visit at least one geological site each month.

Thank you to Elizabeth Pickett, John Rodgers, Chris Thompson, and Sylvia Woodhead for their valuable advice and expertise

Directions

Map reference

OS Landranger sheet 90, Explorer Map OL5. GR: NY 394 301. Size: 216 hectares. Status: Site of Special Scientific Interest.

By car

From the M6 junction 40 follow the A66 towards Keswick. After approx. 7 miles turn right, signposted Hutton Roof (look out for the Sportsman's Inn from the A66), follow this road round to the right and then take the left, signposted Hutton Roof, Berrier and Whitbarrow. Follow this road for 1.6 miles through the hamlet of Berrier, the nature reserve is on the left hand side.

By bicycle

Eycott Hill Nature Reserve is adjacent to National Cycle Network route 71 on the Mungrisdale loop. Follow NCN71 signs.

By public transport

The nearest bus stop is 1.5 miles away at the Sportsman's Inn just off the A66. The regular service between Penrith and Keswick stops here.

www.cumbriawildlifetrust.org.ul







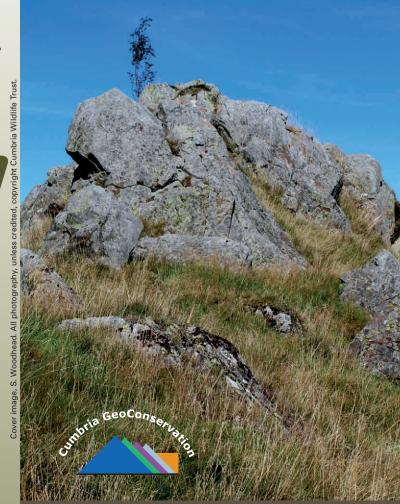
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Eycott Hill

Nature Reserve

Geology



Protecting **Wildlife** for the Future



- clue to the limestone rock that lies below the glacial deposits, soils, and grass here. Limestone reacts with rainwater, which is very weakly acidic, and dissolves to form sinkholes.
- 3. Follow the white topped posts to cross the footbridge and stand on the first ridge of Eycott Volcanic rock dating back 450 million years. The lava flows here are the youngest on the nature reserve.
- 4. Continue following the posts to the viewpoint to see pale grey limestone, dark grey Skiddaw slate, and dark green, almost black volcanic rocks in the viewpoint walls.
- but formed when the lava was molten and flowing.
- 6. Follow the white topped posts to go through the fell gate, noting the small pieces of Eycott lava on the ground and large pieces in the stone wall.
- 7. As the path meanders through the wetland the hollows in the landscape between the ancient lava flows become more obvious.
- 8. At the summit look back over the lava ridges and enjoy the distant view east to the Pennines, Crossfell, Great Dun Fell and the Eden valley, south past Great and Little Mell Fell, and across to Blencathra, Bannerdale Crags, and Carrock Fell.
- 1,000°C the rock contracted and formed rough cooling columns.
- Make your way downhill from the summit to the lowest lava ridge. There is no way-marked path at this point so take extra care.
- 10. This is the oldest lava flow. Holes in the rock show where geologists have taken rock cores to find the latitude of the land when the lava cooled.
- 11. At the north end of the lowest ridge is an exposure of Eycott lava, with characteristic large pale feldspar crystals. Close up you can see flat shiny faces, which catch the light. These represent planes of cleavage in the mineral.

Retrace your route to the car park.

