

Involve

Volunteer Newsletter July–August 2018

Our current opportunities...



▲ Winner of the sand sculpture competition at Beached Art, 2017

1. Beached Art volunteers on Saturday 4 August

We are looking for volunteers to help with our **Beached Art** event – an annual family fun day held at St Bees beach. You do not need any specialist knowledge – just an appreciation of the Cumbrian coast, a friendly and approachable manner and willingness to work with families and young children. We have various roles:

- ❖ Helping with general admin and organisation
- ❖ Arts and crafts activities
- ❖ Face-painting, particularly of marine creatures

For more information please contact Sian Bentley at sianb@cumbriawildlifetrust.org.uk.



2. Eycott Hill event volunteers on Sunday 8 July

We are looking for volunteers to help families enjoy a fun-filled day at the **Eycott Hill Incredible Insects Recording Day**. You do not need to have any specialist knowledge – just a friendly and welcoming manner and a willingness to work with members of the public of all ages.

For more information about the event, contact jodyf@cumbriawildlifetrust.org.uk.



▲ Family recording wildlife at Eycott Hill Bioblitz, 2016

3. Meadow surveyors at Eycott Hill Nature Reserve

Come along to help survey the fantastic flower-rich meadows at Eycott Hill Nature Reserve. Some knowledge of meadow flowers and grasses will be helpful but you don't need to be an expert! We will be working outdoors in exposed conditions on uneven ground. Much of the day will be spent kneeling on the ground so it's important that you are happy working outdoors. Surveys will be taking place from 10.00am to 3.30pm on:

- ❖ Wednesday 4 July
- ❖ Thursday 12 July
- ❖ Tuesday 17 July

We may add more dates so if you'd like to help but can't make any of these dates, please contact Imogen Rutter at imogenr@cumbriawildlifetrust.org.uk.

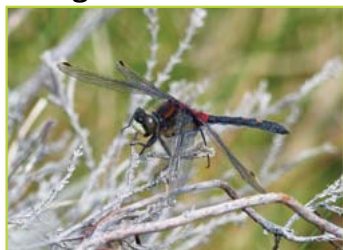
Volunteer on one of our conservation projects

Telephone 01539 816300 unless otherwise stated: Living Seas North West – Emily Baxter; Gosling Sike and Northern Nature Reserves – Kevin Scott 01228 829575; Southern Nature Reserves – Paul Waterhouse; Eastern Nature Reserves – Andrew Walter; Central Nature Reserves – Joe Murphy; Western Nature Reserves – Pete Jones; Dunes of Barrow Co-Ordinator & South Walney Nature Reserve Warden – Sarah Dalrymple 01229 471066; Peatland Restoration – Simon Thomas; Eycott Hill Reserve & Training Officer – Imogen Rutter; Community Gardener & Engagement Officer, Gosling Sike – Kate Jackson 01228 829570.

4. White-faced darter monitoring

Come and help us monitor this rare dragonfly in north Cumbria on **Tuesday 3 July**, from 10.00am to 3.30pm.

We have been monitoring this species for a number of years now as part of a reintroduction programme.



▲ White-faced darter ©David Clarke

Booking is required. Call 01539 816300 or email us at events@cumbriawildlifetrust.org.uk to reserve a place. Meet at Cumbria Wildlife Trust's office at Gosling Sike.



▲ White-faced darter monitoring at Scaleby Moss, 2014

5. Beach cleans around our northern coast

Come and help keep our north Cumbrian beaches clean this summer with our volunteer-led group.

- ❖ **Silloth West Beach** Thursday 5 July 10.00am–12.00pm
- ❖ **Allonby North Beach** Saturday 14 July 10.00am–12.00pm
- ❖ **Blue Dial** Saturday 21 July 10.00am–12.00pm
- ❖ **Mawbrey Banks** Thursday 26 July 1.30pm–3.30pm

For details of meeting points see our website www.cumbriawildlifetrust.org.uk/events. For more information contact the organiser John Gorrill at nicholasjohnng@yahoo.co.uk.

6. Sea Watch surveyors

Come and help survey for porpoises and seals off the Cumbrian coast in partnership with the Sea Watch Foundation. No experience needed.

- ❖ **Maryport** Wednesday 11 July 10.00am–12.00pm
- ❖ **Maryport** Sunday 29 July 12.00pm–2.00pm
- ❖ **St Bees** Thursday 2 August 2.30pm–4.30pm

For more information and details of meeting points see www.cumbriawildlifetrust.org.uk/events.

Conservation Days

Come and help us with a range of practical tasks to help maintain habitats on our nature reserves. No experience is needed but booking is required for all Conservation Days. Contact us on 01539 816300 or email events@cumbriawildlifetrust.org.uk.

Near Carlisle

- ❖ Gosling Sike 18 July; 15 August
- ❖ Wreay Woods 5 July

Around Kendal and South Lakes

- ❖ Barkbooth Lot 12 July
- ❖ Brown Robin 3 July; 21 August
- ❖ Foulshaw Moss 9 July; 13 August
- ❖ Howe Ridding Wood 5 July
- ❖ Latterbarrow 17 July
- ❖ Meathop Moss 30 July; 27 August

Near Keswick

- ❖ Boathouse Field 10 July

Near Penrith

- ❖ Eycott Hill 25 July; 7 August; 15 August; 23 August

Near Ulverston

- ❖ Next Ness 6 July

For full details see our What's On guide, or visit www.cumbriawildlifetrust.org.uk/events.



▲ Compost bin creation at Gosling Sike

Do you still want to receive *Involve*? We hope you are still interested in hearing from us about volunteer opportunities at Cumbria Wildlife Trust but please let us know if you no longer wish to receive *Involve* by emailing judithw@cumbriawildlifetrust.org.uk

If you have an email address, may we send *Involve* to you by email? To change to email, please contact judithw@cumbriawildlifetrust.org.uk

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