

Get involved

Your contact details

Name _____

Address _____

Postcode _____

Email _____

Tel. _____

Mobile _____

I am interested in: (please tick)

- | | |
|---|--|
| <input type="checkbox"/> Hay meadow surveys | <input type="checkbox"/> Hay meadow restoration days |
| <input type="checkbox"/> Hay meadow events and activities | <input type="checkbox"/> Making a donation |
| <input type="checkbox"/> Educational workshops | <input type="checkbox"/> Receiving more information about Cumbria Wildlife Trust |
| <input type="checkbox"/> Being a seed donor | |

Please return the form to:

The Volunteer and Communication Officer, Meadow Life,
Cumbria Wildlife Trust, Plumgarths, Crook Road,
Cumbria, LA8 8LX



Meadow Life

Cumbria's hay meadow project



www.cumbriawildlifetrust.org.uk



Protecting **Wildlife** for the Future

For more information, contact:
Cumbria Wildlife Trust,
Plumgarths, Crook Road, Kendal LA8 8LX
T 01539 816300
mail@cumbriawildlifetrust.org.uk
www.cumbriawildlifetrust.org.uk

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A Cumbria Local Nature Partnership
project delivered by Cumbria Wildlife Trust

Flower-rich hay meadows are an evocative part of Cumbria's iconic landscape and farming heritage.

Despite changes in agriculture many have been managed by the same family for generations, most however have been lost. These changes now mean that such meadows are an unfamiliar sight for many with the skills and culture associated with them also disappearing. The Meadow Life project seeks to halt this decline by conserving and championing these meadows ensuring they continue into the future for both people and wildlife.

Photo: Rob Grange Photography

What is the project doing?



■ Conservation

We are working in partnership with farmers and other land managers to deliver a programme of hay meadow restoration including developing long term management plans.



■ Participation

We are training and supporting volunteers to survey meadow sites, working with HMP Haverigg to create a wild flower nursery and running restoration work parties with local volunteers and communities.



■ Learning

We are hoping to increase the appreciation, enjoyment and understanding of hay meadows through events, practical training and educational workshops.

How can I take part?

■ Practical conservation

Why not lend a hand to restore Cumbria's hay meadows? You can help by collecting and sowing seed, cutting hay or plug planting. Your help is vital so come and get involved.



■ Survey work

Do you have skills in botanical surveying that you would like to contribute to the project? If so, why not help survey and monitor hay meadows with us.



Photo: D Kennedy

■ Events

From guided walks in beautiful locations, to informative talks and hay meadows painting days we have an event for you.

■ Educational workshops

Would your school or nature club like to host our new fun and educational hay meadow workshop? Alternatively why not work with us to grow your own wildflowers to plant in a meadow near you.



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